1. use the WWW ( what went well) -- good opportunity for bonding within CLASSics/ committees, also to understand what it means by **asking important questions, being present, facilitating.** ( also a good way to start support group session)
2. self appreciation
   1. what are my strengths
   2. what am i good at
   3. how can i use what im good at to help my peers
   4. how do i apply what my character strengths are to psb work
   5. how do i use these strengths to work as a group
3. self reflection
   1. daily gratitude & appreciation
   2. what are my weaknesses also
   3. how can i work on my weaknesses
   4. when can i have opportunities to improve my weaknesses
4. break
5. team dynamics
   1. who is good at what
   2. go around the circle and ask people to guess each other’s strengths based on something that they did that was very memorable
   3. using individual growth to help the team
   4. **(super important)**  ms v told us that team bonding before starting the project is really important so we can use WWW, or talking about ourselves etc to ensure that the team feels closer together.
   5. end every meeting off on a good note!! (this might seem really trivial but it would ensure that people are happier and more motivated) you can use the time to talk about the strengths of someone in the group, or look on the bright side of something
6. facilitation (important for PSL sessions
   1. using interesting mediums like movies, videos, picture books, current affairs ( eg. divergent to show diversity and collaborations of strengths)
   2. **having awareness of your surroundings**
      1. we are always paying attention to other things, so being a facilitator and a psl requires us to be fully present with another person, so you can fully understand them, and have meaningful conversations with them.
   3. being self aware
   4. **virtue cards**
      1. good activity to have for them to recognise their strengths or weaknesses and others strengths and weaknesses
7. **servant leadership** 
   1. why do we serve?
   2. who do we serve?